A message from Karen…..

Last day of Term  Friday 18 September    Early finish at 2.30pm

I attended the Year 1’s expo today where I picked up so many ideas on how I can improve my health through the choices I make. There were exhibits and demonstrations on leisure, exercise, diet, sleep, and hygiene. After having guest speakers share their expertise with the three classes throughout the term, the students shared their learning in a ‘Health Expo’. I was treated to a mediation session, a massage, learnt about stretching, got taught some martial arts, heard about some games I can play away from technology, got reminded about cleaning my teeth and heard that pineapple is good for my heart. I even picked up some water, a fridge magnet and a stress ball to use. Each exhibit provided me with an informative brochure to take away. Thanks to all our Year 1 students for giving me lots to think about and read about in the holidays!

Early finish

Just a reminder that tomorrow is the last day of term 3 and the children will be dismissed from school at 2.30 pm. Please make your individual arrangements known to your children so they are aware of whether they are being collected, going to our OSHC Program or making their own way home etc at the end of the day.
Curriculum Day
Last Wednesday our whole staff participated in a workshop with David Vinegrad from Behaviour Matters. Although we are long time uses of a restorative approach in working through conflict within our school and have our school values at the core of our practice, it is always worth having a ‘top-up’ session to remind us all of the importance of relationships. Dave took us through ‘circle activities’ that are used in our classrooms and also explored with us the ‘art of a good apology’ and how/when they can happen. It was timely for the parent-session to happen yesterday, as many of these strategies were fresh in our minds.

Planning for 2016
Just a reminder that if you will not be returning to Altona Green PS in 2016 then please let me know in writing. Our enrolments impact on the grade structures and the employment of teachers. My figures need to be accurate to make the right decisions for the students at AGPS.

Well done to our Athletics Squad
Well done to our Athletics Team who represented our school on Tuesday so well. You should all feel very proud of your achievement. We congratulate Junior Taufa (Shot Put & Discuss); Peni Falepaina (Shot Put) and Finlay Chachs (High Jump) and wish them well as they proceed to the next level of competition.

Students arriving before 8.45am
With the arrival of spring and warmer weather, I would like to remind families that staff are not on duty until 8.45am. The only exception to this is our Wednesday Running Club which is supervised by Gareth McLean for those students involved. We take the safety of all our children very serious and ask for your co-operation and support on this matter.

Thanks to Jack Holman, our student teacher who has been working in 5/6A this year. We appreciated your work at our school and wish you all the best in your future career.

Good luck to those supporters whose teams remain in the AFL finals!

I wish everyone a safe, restful and happy holiday. School will resume on October 5 at 9am.

Karen O’Dowd

**TRANSITION SESSIONS FOR PREP STUDENTS COMMENCING IN 2016**

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<tr>
<td>1</td>
<td>9.15—10.15am</td>
<td>Wednesday 28 October</td>
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<td>2</td>
<td>9.15—10.15am</td>
<td>Thursday 5 November</td>
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<td>4</td>
<td>9.15—10.15am</td>
<td>Thursday 19 November</td>
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LEADING LIGHTS
Hi, we’re your Leading Lights representatives for 2015 and we would like to teach you some quick facts about how to make a strong password.
1. Don’t have a simple password like 12345.
2. Don’t do obvious passwords like your name.
3. You should make a strong password using capital letters, special symbols, lower case letters and numbers.
4. Your password should be around 7 characters long.
5. It should be easy for you to remember but not for someone else to work out.
6. Don’t make it too difficult like 7@27A33.J.hhhhhhh, because you might not remember how many of the letter ‘h’ you used.

This has been another Leading Lights project – Jessica, Alice, Artie and Jacob. Leading lights is an eLeadership module for teams of Grade 5 students with their supervising teachers within the Hobsons Bay Network.

eSmart Week
Last Friday the whole school came together as a community to celebrate eSmart Week. Students and staff were involved in creating a giant “e” to celebrate how the web is a great place to learn, be creative, but also the importance of learning skills needed to be responsible digital citizens. It’s a great opportunity to speak to your child/children about how they use technology and what it means to be a responsible user over the holidays.
BOOK TALK

Congratulations to Jonathan Krstevski of 4A and Jake Krstevski of Prep D who last week completed their Reading Challenge. Altogether we had 41 students who completed the Reading Challenge and our total of books read was 1,756!! I was very impressed by all the students who finished as many came regularly to the library to ask for books to read so they could finish on time. Well done everyone!

Trish

SUN HATS

Sun hats are to be worn from September 1 until the end of April.

INDONESIAN WORD OF THE WEEK

Bapak (Pak) means “Dad” or “Mr” in Indonesian!
Prep
The preps enjoyed the Mad about Science workshop on toy technology. The students identified materials that are used to make toys. The students looked at balancing toys and learnt how to balance a can on its side. The Preps enjoyed making their own balancing toy and making patterns with the drawing spinning tops.
Can you please look for any take home or library books that may be at home?

Grade 1
The grade ones have been busily preparing for their “Healthy Me” Expo this week. Students have participated in a variety of inquiry based learning activities over the term including keeping fit through exercise, trying various leisure activities, how to properly brush your teeth, preparing healthy snacks and discovering the major body organs through an interactive narrative incursion.
A special thanks to Million Smiles Dental for donating some mini toothpaste tubes to hand out at the Expo.

50/1 Central Avenue, Central Square Shopping Centre, Altona Meadows
Telephone: 9360 7777

It has been an exciting and busy term, so rest up over the school holidays!
Please note could students bring in a tissue box for the first Monday back.

Grade 2 & 3
This week the students in grades 2 and 3 would have brought home a handout explaining ‘Division Strategies For Parents’. Please go through this information as it gives you an insight into the strategies that we use in class and ways you can help your child when working on division.
We encourage students from grades 2 and 3 to continue reading at home over the holidays. This can include less formal types of reading such as magazines, comics and more. We have noticed in the past that the students who do not continue their reading at home do tend to fall back in their reading.
Have a terrific break and see you all safe and well in term 3.

Grade 4
Thankyou to everyone who sent boxes along to school to use in our designs. Please check at home for any missing Altona Green books. They may under beds, on bookshelves or behind a shelf. We have many books that have not been returned and we would appreciate everyone's co-operation in returning these. Just a reminder that school finishes at 2.30 on Friday afternoon. We would like to wish all our families a wonderful break from the routines of school. Happy school holidays.

Grade 5 & 6
We would like to thank our students for the amazing effort they have put into their work this term. A lot of time was put into writing explanation texts that supported students’ learning in Science. In Numeracy, students progressed their knowledge on fractions, decimals and percentages.
Opportunities for Student Leadership such as Radio Shows (Communication Leaders), Wii Competitions (Lunchtime Clubs and ICT Leaders), Nude Food Promotion (Environment Leaders) and a fabulous effort at the AFL Victoria Cup helped students further develop their cooperation, negotiation and communication skills.
We would like thank our Student Teacher Jack Holman for his dedication to student learning and wish him all the very best in the future.
What is cyberbullying?

Cyberbullying is bullying using a mobile phone and/or the Internet, for example, when a person:

- Sends nasty or threatening emails or messages on the Internet or via mobile phone
- Sends mean or nasty comments or pictures about others to websites e.g. MySpace; Facebook; MSN or to other students’ mobile phones
- Deliberately ignores or leaves out others over the Internet
- Pretends to be someone else online to hurt them or make them look foolish

Cyberbullying can happen through text messages/pictures/video-clips/emails etc being sent to you, but also when these things are sent to others, about you.

What can I do if I think my children are being bullied at school?

- Try to talk with your children about what is going on
- Listen to their concerns and believe them
- Be aware of your own response and react in a calm and helpful manner
- Talk with your children’s teachers and calmly discuss the situation and some possible strategies
- Encourage your children to ask for help at school if they are being bullied e.g. talk about who they could talk to at school, and how to ask for help.

What can I do to help my children if they are being cyber bullied?

To prevent and respond to cyber-bullying, a useful acronym to remember is I-CURRB.

- Investigate what your child is doing online.
- Communicate regularly with your children to understand what they enjoy doing online.
- Use family safety software to keep track of what your children are able to access online.
- Research your school and Internet Service Provider’s (ISP) policies on cyberbullying. Online applications, such as IM, will also have their own policies.
- Report cyberbullying to your child’s school and/or ISP. If you have serious concerns for your child’s safety, contact your local police.
- Block communications from students who cyberbully others. Most Instant Messenger (IM) applications, chat rooms and email account providers allow you to block messages from identified people.

The Environment leaders and a group of grade 4 students participated in a number of workshops at Truganina Park. We learnt that it takes 450 years for a plastic bottle to break down. So make sure you recycle your plastic drink bottles.

We were involved in a Nude Food action group and wrote a plan for our school. So please support and Nude Food program at school, then there will be less rubbish in our environment.

We cleaned up some of the rubbish at the park. If you litter, your rubbish ends up in our water ways and it is dangerous to our wildlife.
THE LAVERTON MAGPIES AUSKICK CENTRE
Invite you to a FREE community Auskick and football clinic for girls and boys aged 4 to 14 years old. After the clinic stay and enjoy a sausage from the free B.B.Q., plus there will be give aways from the Western Bulldogs Football Club.

DATE: Saturday September 26
TIME: 9.30—11am
VENUE: Laverton Magpies Football Club, Cnr. Merton St & Hall Ave, Laverton

The Laverton Football Club is starting an Under 10 girls and boys team next year. If you would like to be a part of this exciting new team you can register your interest on the day or more information about the clinic contact Brodie 0423 967 949.

ALTONA LITTLE ATHLETICS CENTRE
Encouraging kids to be their best!

Time to register!
When: Saturday 3 October, 2015
Where: George Nevitt Athletics Track, Sugargum Drive, Altona
Cost: $155 1st child; $135 2nd child, $115 thereafter

To Register and for further information:
Telephone: 0499 994 305
altona@lavic.com.au
www.altonalac.com.au
Commonwealth Bank School Banking Update – Please Read

Following the decision to recall the Cosmic Light Beam Torch due to a potential safety issue, a decision has been made to also withdraw the upcoming Lunar Light Band reward from the School Banking Rewards Program.

To avoid disappointment there is a new reward item available for redemption in Term 4 while stocks last. Students can now test their skills with a game of frisbee with the new Galaxy Glider!

Once students have collected 10 tokens, they can simply include a note, along with their 10 tokens in their deposit wallet on banking day to advise that they would like to redeem their tokens for the Galaxy Glider reward item.

Don’t forget the Outer Space Savers Money Box is also available in Term 4.
A.G.P.S @ The Show
September 8, 2015

Grade 4 Community Excursion

THE MELBOURNE SHOW

Worm Farms

Planting Seedlings

Animal Nursery

*It was awesome!
*A baby goat is called a kid.
*We decorated pots and planted seedlings in them.
*We had to wash our hands after touching all the animals in the nursery.
*The nursery was my favourite activity.